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seminar about crisis management and debriefing
april 4-7

Crisis and hard times are like intruders. They always come unexpected and they never fit our schedule, and we know that they in some way are a part of our lives, both as individuals and as organizations/groups. These times in our lives can be milestones, or they can be a stumbling block, all depending on how we deal with our challenges.

How can we prepare and build resilience? How can we make sure that our students and staff, both here in Norway and on the field, experience that they are safe and taken care of in all situations? How can we help everyone turn their experiences in life into a treasure box, not a trauma box?

We welcome you to a seminar about crisis management and debriefing in Skien, 4-7 April 2016.

The four day seminar will address the following themes:

- Crisis debriefing
- Routine debriefing after a stressful time, a mission trip, or at the end of assignments and short term teams.
- Child debriefing, and help after trauma.
- Psychological first aid immediately after a trauma.
- Breaking bad news to family, friends and team members.
- Building a Crisis Management Team to deal with a crisis.
- Developing resilience so that people are at less risk of having difficulties in hard situations.
- When and how to refer someone for further help for post-traumatic stress disorder, depression, anxiety problems, burnout etc.
- Other aspects of member care in crises, relaxation exercises; listening skills; self-care; what to do and what not to do.



Here are some important facts:

Time: April 4 to 7, 2016

Place: YWAM Skien/UIO Skien

Who: all who desires to increase their competence

Price: 1000,- for non YWAM members

Food and lodging: YWAM staff: NOK 400,-/600,- dbl/sgl room

Non YWAM: NOK 800,-/1200,- dbl/sgl room

Please note we only offer shared bathrooms

Lunch and dinner for all days: NOK 400,-

Hotels within walking distance: Thon Høyers hotel: 100 meters

Clarion Collection Hotel Bryggeparken : 400 meters

The seminar is in English only

To register, email us at: alice@uioskien.no

YWAM housing is limited so it is smart to register early.

The seminar speaker is Dr Debbie Hawker.

Debbie is a Clinical Psychologist. She is HCPC-registered as a Practitioner Psychologist; a Chartered Psychologist; an Associate Fellow of the British Psychological Society (AFBPsS); and a member of the British Association of Christians in Psychology.

She joined InterHealth in 2006, specialising in offering psychological services to mission workers and humanitarian personnel. Since 2011 she has continued this work freelance. She is widely sought after and considered a world expert in this field.

